

MINUTES OF THE BI-STATE REGIONAL TRAIL COMMITTEE

Thursday, September 22, 2022 – 10:00 a.m.

First Floor Board Chambers
Scott County Administration Center
600 West 4th Street
Davenport, Iowa

1. Welcome/Introductions – Ms. McDonough opened the meeting by welcoming those in attendance and asked for introductions. (See attached attendance sheet.)
2. Approval of the Meeting Minutes from May 26, 2022 – The minutes from the May 26, 2022 Bi-State Regional Trail Committee were approved as presented.
3. Presentation on IDPH Physical Activity Access Project and Buffalo Pop-Up Project. – Ms. McDonough and Mr. Newcomb provided an overview of the project conducted by Bi-State and the Scott County Health Department. The goal of the project is to increase opportunities for older Iowans with low incomes, who live independently, to be physically active in their neighborhoods and local communities. In the Bi-State Region, project staff have worked with the cities of Davenport, Bettendorf, and Buffalo to conduct walk audits, input surveys, and implement demonstration projects to improve pedestrian spaces, where users may feel exposed to traffic. In 2022, project staff have focused on the City of Buffalo, and have conducted a walk audit and needs assessment in cooperation with the food pantry. Ms. McDonough and Mr. Newcomb shared photos and observations of the final implemented demonstration project, adding crosswalk paint to key intersections to increase pedestrian visibility in Buffalo. Quotes from Buffalo's Mayor and Deputy City Clerk indicate that these crossings are a noticed safety improvement throughout the city.
4. Committee Member Reports

Quad City Health Initiative–

QCHI, who administers the social media accounts for QCTrails.org, will share social media posts from local agencies related to health, fitness, and trails. Agencies and organizations are encouraged to share such items for social media with Ms. Carkner. The Be Healthy QC Coalition will meet quarterly to share information on nutrition and physical activity topics.

Visit Quad Cities–

Visitor centers in Moline and Davenport offer free bike rentals from spring through October 31. Any group interested in promoting their events can submit their information to the Visit Quad Cities event calendar.

River Action–

The Quad City Wild Places partnership is working on a bridge replacement at Wildcat Den State Park and prairie restoration at Illiniwek Forest Preserve. It was noted that a safety bollard on the Credit Island trail bridge had been removed and not yet replaced. Mr. Newcomb will reach out to the City of Davenport about the bollard.

Cornbelt Running Club–

Upcoming races include QC Marathon on September 25 and Nancy Kapheim Memorial Classic in Rock Island's Sunset Park on October 2. Ms. Carkner asked about safety concerns for runners/walkers. The club has a "Women's 101" program every spring to provide a safe and supportive atmosphere for walkers and runners of all ability levels. Club running/walking groups also have sign-in and sign-out sheets to promote safety on their runs/walks. It was recommended

that if the club could collect safety tips from members, Ms. Carkner and other groups could share these tips with the public.

Scott County Health Department–

McDonough met with the new Parks Director of LeClaire to discuss proposed policies regarding tobacco-free parks and nursing mothers. The Food Rescue Partnership will hold a free workshop on September 29.

Princeton–

The city opposes the CP-KCS rail merger. Princeton Recreation Trails will hold their annual 5K Walk & Run on October 8 to fundraise for the Mississippi River Trail.

5. Other Business – There was no other business.
6. Adjournment – The meeting adjourned at 10:43 a.m.

MEETING ATTENDANCE RECORD MEMBERS, GUESTS & STAFF

Meeting of: Bi-State Regional Trail Committee

Date: September 22, 2022 Time: 10:00 a.m. To 11:00 a.m. Minutes: Yes X No __

Place of Meeting: Scott County Administrative Building, Davenport, IA

Name:	Title/Representing:	Contact # or Email:
1. Ricky Newcomb	Bi-State Regional Commission	
2. Christina McDonough	Scott County Health Department/Princeton	
3. Cassidy Darin	Visit Quad Cities	
4. Brittany Wells	Visit Quad Cities	
5. Dayna Kraklio	River Action	
6. Bob Madison	Cornbelt Running Club	
7. Nicole Carkner	Quad Cities Health Initiative	
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